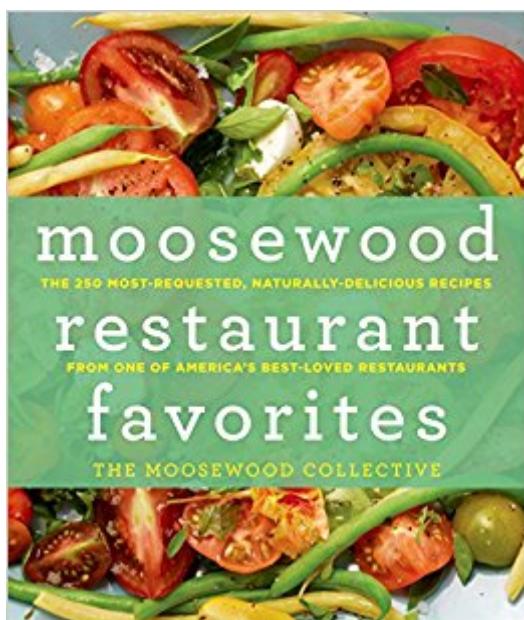


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# **Moosewood Restaurant Favorites: The 250 Most-Requested, Naturally Delicious Recipes From One Of America's Best-Loved Restaurants**



## Synopsis

Moosewood Restaurant, founded in 1973, revolutionized vegetarian cooking by introducing delicious soups, satisfying sandwiches, warming casseroles, zesty entrees, spiffy salads, and divine desserts. Moosewood Restaurant Favorites contains 250 of their most requested recipes completely updated and revised to reflect the way they're cooked now-increasingly vegan and gluten-free, benefiting from fresh herbs, new varieties of vegetables, and the wholesome goodness of newly-rediscovered grains. This mouthwatering cookbook includes favorites like:- Red Lentil Soup with Ginger and Cilantro- Sweet-Potato and Black Bean Burrito- The Classic Moosewood Tofu Burger- Caramelized Onion Pie- Peruvian Quinoa Salad- Confetti Kale Slaw- Vegan Chocolate Cake- Moosewood Restaurant Brownies- Apple Spice Cake with Sesame Seeds Including a guide to natural-cooking techniques, Moosewood Restaurant Favorites is the next classic book on their much-loved cookbook shelf.

## Book Information

Hardcover: 416 pages

Publisher: St. Martin's Griffin (September 3, 2013)

Language: English

ISBN-10: 1250006252

ISBN-13: 978-1250006257

Product Dimensions: 8.3 x 0.1 x 0.4 inches

Shipping Weight: 3.8 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 134 customer reviews

Best Sellers Rank: #49,271 in Books (See Top 100 in Books) #87 in Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian #131 in Books > Cookbooks, Food & Wine > Celebrities & TV Shows

## Customer Reviews

For more than 40 years, Ithaca, New York's Moosewood Restaurant has enjoyed a reputation as the nation's premier vegetarian restaurant. The collective of dedicated cooks that runs the restaurant may have changed across the decades, but its dedication has expanded beyond simple vegetarianism to organic and locally sourced ingredients as well. This collection of some of Moosewood's cooks' and customers' most admired recipes has something for just about everyone. There are stuffed vegetables and casseroles to star as centerpieces of company-coming dinners. Bean dishes derive from Mexican, Greek, Basque, and

Caribbean sources. Burritos and strudels offer hand-held food for on-the-go eating. An entire garden of vibrantly colored fresh vegetables adorns pasta primavera. Moosewood gives in to nonvegetarian cooking with a goodly selection of fish recipes providing some alternatives to a rigorously nonanimal regimen. For the sweet tooth, Moosewood supplies cookies, brownies, cakes, pies, and even baklava. --Mark Knoblauch

Ã¢ "When seeking a marker of the changes in the cookbook market over the last 40 years, one need look no further than Ithaca, New York.Ã¢ • Ã¢ "Publishers WeeklyÃ¢ "Well-done, Moosewood! You have become a beloved part of American cultural history and morphed into a truly national institution that most of us know through the cookbooks that have emerged. One after the other, those enticing combinations of delicious recipes and lively prose have borne witness to Moosewood's most compelling idea: "community" - that harmonious feeling among a group of people that takes place in the kitchen and at the table as we share a commitment to good food and being together. Moosewood Restaurant Favorites will introduce a new generation to a beloved institution and call up happy memories of meals and recipes over the years.Ã¢ • Ã¢ "Nancy Harmon Jenkins, author of *The New Mediterranean Diet Cookbook*, *The Essential Mediterranean* and many othersÃ¢ "As any experienced cook knows, extracting the savor of vegetables, completely without meat, presents its own special difficulties. Fortunately, the Moosewood collective has succeeded in meeting those challenges and produced a fine book of direct and simple recipes, each with its own savory twists. This thorough book will delight vegetarians and non-vegetarians alike and will become a cornerstone in any cook's library. In short, Moosewood has elevated meatless cooking to the level of great cuisine and artfully showcases vegetarian cooking at its finest.Ã¢ • Ã¢ "James Peterson, author of 15 cookbooks and winner of 7 James Beard Awards

Great reference cookbook - even reference sized. So give this some space on your cookbook shelf. Finally learned how to prepare legumes thanks to the supplementary instructions given throughout this cookbook. Very practical.

This is a really great cookbook with a very large selection of vegetarian recipes. I've already made many of the recipes from this book, and all of them have been a success. The Hungarian Mushroom Soup and Country Moussaka are favorites. Many of the recipes can also be made vegan with easy substitutes.

I love this book. I have tried several recipes and am still experimenting. I have purchased lots of vegan, vegetarian and healthy cookbooks in the past, but the recipes in those previous cookbooks hit me as so bland. Not this cookbook. I love the complex flavors these chefs integrate into their recipes. So far, my favorite has been the Thai inspired Butternut Soup--so creamy with a little kick to it. Cooking vegetarian does not have to be boring or labor intensive. I like the fact that the recipes give you an idea of how much time the recipe will take. I call that "fair warning," especially when I am pressed for time. My only criticism is that the recipes do not have nutritional information listed. I hope in future issues the authors will consider this factor.

I've been cooking for many years--everything from smoked meats to Quiche Lorraine with a strong flavoring of the Mediterranean as well. The delightful, ingenious, and superbly tasty recipes contained in this volume are providing a great new cuisine to explore--and one that I'm sure my doctor would prefer over some of my recipes.

Heaven. Bought one for me, made the Cowboy Chocolate-Chip Cookies, and bought two more immediately for my friends. As a vegetarian for 30 years, and a Moosewood follower (I own many other cookbooks), this was the perfect "all-inclusive" cookbook to put on my shelf, and to give to friends. I've been wanting a hardwood Moosewood book forever! Thank you!

This cookbook is full of healthy vegetarian meals that are tasty and very easy to make! Not a lot of pictures which means far more recipes to enjoy and they provide many variations of the recipes that will appeal to many different tastes. Now we want to make our way to the restaurant!

We have owned this cookbook for years and not it is my go-to gift for others who love to cook. My husband and I have yet to make a recipe out of this cookbook that we did not like. One caveat is that the bulk of the recipes are time intensive, but for people who love to cook it will just mean more time in the kitchen pursuing a passion. I highly recommend this cookbook for vegetarians.

Make the caramelized onion pie. Seriously.

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